



A Sound Mind – April 21st, 2020



Good morning!



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I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world. -John 16:33

A Sound Mind

“For God hath not given us the spirit of fear; but of power and of love, and of a sound mind,” II Timothy 1:7 (NKJV). A sound mind, a reasonable mind, a mind free from fear—that is the state of mind He has promised to us. In good times and in fearful times, we can tap into the power of His mind and be “of sound mind.” That is my prayer for you today.

-Connie Vandeman Jeffery





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Academy Families Reach Out to Frontline Medical Workers

Families from Riverview Christian Academy (RCA) in Reno, Nev., recently encouraged those in their school family that are serving on the front lines of the COVID-19 pandemic. RCA parent Krista Wyman and her children, Dani, Brody, and Rylee organized an appreciation gift for both a doctor and nurse who are connected to the school. The Wyman's asked families to pray for them, collect small gifts that would bring a smile to their faces, and drop off in a basket placed in front of each of the homes during a specific time. Near the basket was a giant "card" inviting others to sign or write words of encouragement and praise. "I wanted them to feel appreciated and remind them all that Jesus loves us," Dani Wyman said. "It makes me sad that I can't play with them [their children] now, so this was a way to make them feel happier because they could be missing friends too."

Learn more about Riverview Christian Academy:

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Living God’s Love

Living God’s Love is a weekly blog published by the Pacific Union Conference on its website. It provides thought-provoking and faith-building examinations of Bible stories, passages, and characters, as well as personal narratives that offer reflective accounts of living in Christian discipleship.

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Western Prayer Circle

Today, join us in praying for protection, strength, and encouragement for all our medical personnel across the Pacific Southwest and the United States.

P.S. Did You Hear?

Mark Twain once said, “Courage is resistance to fear, mastery of fear – not absence of fear.”
